

Northview High School

CLAY COUNTY SECONDARY BRKFST

MAR BREAKFAST 2023

Feb 27, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		Mar - 1 BREAKFAST SANDWICH FRESH FRUIT JUICE MILK, VARIETY	Mar - 2 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Mar - 3 BREAKFAST PIZZA FRESH FRUIT JUICE MILK, VARIETY
Mar - 6 HONEY BUN SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Mar - 7 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Mar - 8 DUTCH WAFFLE SAUSAGE PATTY FRESH FRUIT JUICE MILK, VARIETY	Mar - 9 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Mar - 10 SCRAMBLED EGGS BACON BAGEL FRESH FRUIT JUICE MILK, VARIETY
Mar - 13 CHOC or POWDER MINI DONUTS SAUSAGE LINKS MILK, VARIETY FRESH FRUIT JUICE	Mar - 14 CINNAMON ROLLS BACON FRESH FRUIT JUICE MILK, VARIETY	Mar - 15 BREAKFAST SANDWICH FRESH FRUIT JUICE MILK, VARIETY	Mar - 16 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Mar - 17 BREAKFAST PIZZA FRESH FRUIT JUICE MILK, VARIETY
Mar - 20 HONEY BUN SAUSAGE LINKS MILK, VARIETY FRESH FRUIT JUICE	Mar - 21 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Mar - 22 DUTCH WAFFLE SAUSAGE PATTY FRESH FRUIT JUICE MILK, VARIETY	Mar - 23 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Mar - 24 SCRAMBLED EGGS BACON BAGEL FRESH FRUIT JUICE MILK, VARIETY
Mar - 27 NO SCHOOL TODAY	Mar - 28 NO SCHOOL TODAY	Mar - 29 NO SCHOOL TODAY	Mar - 30 NO SCHOOL TODAY	Mar - 31 NO SCHOOL TODAY

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!! PREMADE SALADS AVAILABLE, PIZZA AND PBJ WILL BE AVAILABLE!!

	Average	Weekly % of Target Target		Average	% of Calories	Weekly Target
Calories	541	450-600 100% 640	Protein	17.35 g	12.83%	
Sodium	628 mg	3.96	Carbohyd	75.42 g	55.77%	
Fiber	g		Tot. Fat	18.89 g	31.42%	
Calcium	349.10 mg		Sat. Fat	6.14 g	10.21%	<=30.0% <10.00%

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

CLAY COUNTY SECONDARY LUNCH

MAR LUNCH 2023

Feb 27, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		Mar - 1 CHICKEN,OVEN FRIED PIZZA CORN CARROTS&CELERY / DIP GRAHAM CRACKERS WHOLE GRAIN BREAD PEARS JUICE MILK, VARIETY	Mar - 2 PORK FRITTER PIZZA LETTUCE & TOMATO GREEN BEANS PEACHES JUICE MILK, VARIETY	Mar - 3 CHICKEN PATTY/BUN PIZZA LETTUCE & TOMATO BAKED BEANS APPLESAUCE JUICE MILK, VARIETY
Mar - 6 CHICKEN ALFREDO PIZZA PEAS & CARROTS BROC/CAULIFR & DIP GRAHAM CRACKERS BREADSTICK TROPICAL FRUIT SALAD JUICE MILK, VARIETY	Mar - 7 NACHOS W/ MEAT PIZZA REFRIED BEANS SALAD W/ DRESSING PINEAPPLE JUICE MILK, VARIETY	Mar - 8 CHEESEBURGER / BUN PIZZA SEASON WEDGES CUCUMBER COINS FRUIT COCKTAIL RICE KRISPY TREAT JUICE MILK, VARIETY	Mar - 9 CORN DOG PIZZA BROCCOLI & CHEESE RED PEPPER STRIPS PEARS JUICE MILK, VARIETY	Mar - 10 CHICKEN QUESADILLA PIZZA SALAD W/ DRESSING BAKED BEANS PEACHES JUICE MILK, VARIETY
Mar - 13 SLOPPY JOE SANDWICH PIZZA SEASONED FRIES BROC/CAULIFR & DIP APPLESAUCE JUICE MILK, VARIETY	Mar - 14 BBQ PORK PIZZA MAC & CHEESE CARROTS / DIP MIXED VEGETABLES TROPICAL FRUIT SALAD JUICE MILK, VARIETY	Mar - 15 POTSTICKERS PIZZA rice and vegetables PEAS & CARROTS CELERY W/ PB MANDARIN ORANGES JUICE MILK, VARIETY	Mar - 16 CHICKEN RANCH WRAP PIZZA REFRIED BEANS LETTUCE & TOMATO PINEAPPLE JUICE MILK, VARIETY	Mar - 17 HOT DOG / BUN PIZZA LETTUCE & TOMATO GREEN BEANS FRUIT COCKTAIL JUICE MILK, VARIETY
Mar - 20 LASAGNA ROLL UP PIZZA SALAD W/ DRESSING BAKED BEANS GARLIC TOAST/WGRAIN PEARS JUICE MILK, VARIETY	Mar - 21 CHICKEN NUGGETS PIZZA CARROTS / DIP TATER TOTS APPLESAUCE JUICE MILK, VARIETY	Mar - 22 PIZZA COOKS CHOICE FRESH VEGGIES COOK'S CHOICE VEGETABLE COOKS CHOICE; ENTREE FRESH FRUIT JUICE MILK, VARIETY	Mar - 23 CHICKEN TENDER W/ GARLIC TO PIZZA CHEESE POTATOES SLAW PINEAPPLE JUICE MILK, VARIETY	Mar - 24 STEAK BITES PIZZA CORN RED PEPPER STRIPS BREADSTICK, CHEESE STUFFED GRAHAM CRACKERS TROPICAL FRUIT SALAD JUICE MILK, VARIETY
Mar - 27 SPRING BREAK	Mar - 28 SPRING BREAK	Mar - 29 SPRING BREAK	Mar - 30 SPRING BREAK	Mar - 31 SPRING BREAK

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!! PREMADE SALADS AVAILABLE,PIZZA AND PBJ WILL BE AVAILABLE!!

	Average	Weekly % of Target Target		Average	% of Calories	Weekly Target
Calories	805	750-850 100%	Protein	40.78 g	20.27%	
Sodium	1582 mg	1420	Carbohyd	90.00 g	44.75%	
Fiber	8.08 g		Tot. Fat	31.83 g	35.60%	<=30.0%
Calcium	778.59 mg		Sat. Fat	11.41 g	12.76%	<10.00%